



Christmas 2024 is coming – digital resilience tips and information we can share with parents/carers

As the festive season approaches families begin to think about preparations – gift buying, what films they might watch, what games to play etc.

It is not always easy to know how to safeguard children online, and which games, apps and devices might not be suitable and what we can all do to promote a safer digital experience for children of all ages. Shopping isn't the only aspect of Christmas we need to be careful about. Setting up phones and all those other online devices, using social media and making video calls all need care to keep children safe.

This is a collation of some useful information for parents and carers.

Firstly there are a range of resources on HWB

- [UK-July24 Parent Leaflet.pdf \(gov.wales\)](#)
- Leaflet 'Supporting your child when they are online' [Safer Internet Day \(gov.wales\)](#)
- A useful guide produced by Internet Matters and EE about online safety and setting up smartphones safely – 'Your child's first smartphone' [View - Hwb \(gov.wales\)](#)
- 'Your festive season online safety checklist' – 3 page leaflet [-GSO-Xmas Dec21 Leaflet.indd \(gov.wales\)](#)
- A parents guide to talking to your child about staying safe online [Resource. Parents Guide 3 Talking to your children approved EN.pdf \(gov.wales\)](#)
- In the Know - provides parents and carers with key information about the most popular social media and gaming apps children and young people are using today [In the know - Hwb \(gov.wales\)](#)

The following have also been shared by Gwent Police and cover a range of topics around online safety. There are some similarities to the above, but graphics are good, and you can choose what you prefer :-



combat-online-bullyin
g.pdf

This outlines tips to help trusted adults in responding to and supporting children who are experiencing online bullying.



12-smartphone-onlin
e-safety-tips.pdf

This outlines tips for children with new devices.



12 social media
online safety tips.pdf

Safety tips for children using social media – it's a Christmas



Online Safety for
Under 5's.pdf

This is especially helpful as it targets Under 5



parental-controls-on-
new-devices.pdf

This has tips for parents when setting up parental controls on a new device
– one page leaflet.

This information will support us all about how we can safeguard children online together.